

Paper Title:

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Paper Style: APA Paper Type: N/A

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Feedback Areas: General, N/A

Paper Goals: please review for structure and grammar.

## Proofing Summary:

Hi Mario,

I'm Erin, your writing tutor for the Writing Center. I have reviewed your submission and have several suggestions that will help you revise. Please feel free to contact us through a 24/7 live writing session with any follow-up questions or for any clarification.

Below, you will find a revision plan along with margin comments within your paper. Use my suggestions as a starting point for the revision process. Note that I have not proofread the draft for minor errors, but rather, focused on larger concerns such as idea development. For a complete look at grammar and punctuation, please use Grammarly.

You've done a good job of selecting a significant topic and compiling relevant research on that topic in preparation for this paper. You've also done a good job of creating a distinct introduction, body and conclusion for your essay in this draft. This is a good start!

For your revisions, I suggest focusing on:

1. Purpose: The purpose of this paper is to convince the reader of your way of thinking on a debatable topic. The debatable topic is not made clear in this draft. Remember, it must be assumed that one can take an opposing stance to the one argued in your paper. Consider narrowing your focus on this issue in your next draft to help highlight one of the debatable topics within this issue. For example, you could argue that one only needs motivation in order to succeed.

2. Thesis: Conclude your introductory paragraph with an argumentative thesis statement. A thesis conveys your position on a topic and provides focus for your essay. In other words, it is what you are hoping to accomplish or prove in this paper. In it, you will state a claim about motivation and introduce the topics you will discuss in support of that claim. The statement should be strongly worded. Avoid using hedging words, or speaking in generalities. Here you want to be firm and specific. Click on the link for additional information on thesis statements:  
<https://writingcenter.ashford.edu/writing-a-thesis>

3. Paragraph Development: Focus the discussion presented in each paragraph to one supporting topic for your claim. Body paragraphs have 3 basic parts: the topic sentence, the information, and the explanation. The acronym "PIE" can be helpful in remembering these parts. The topic sentence (P) points out the topic of the paragraph and transitions from the topic previously discussed. Once you introduce that topic, you need to provide (I) information. Information will come in the form of your own details and examples. It will also come in the form of direct quotes, paraphrases and summaries from your research. Only include the information that directly relates to your talking point in the paragraph. Finally, and most importantly, (E) explain why that discussion supports the claim about motivation presented in your thesis statement. You will repeat this for each body paragraph until you get to your concluding paragraph. Click on the link below for additional guidance on paragraph development:  
<https://writingcenter.ashford.edu/body-paragraphs>

Good luck with this course! -Erin

THE ROLE OF MOTIVATION IN ONE'S LIFE

The paper title should be bold and in title case.

Mario Lopez

Ashford University

Mario Lopez

Ashford University

Remove the repeated information here.

ENG 122 English Composition II

Stephanie Miclot

3/9/2020

THE ROLE OF MOTIVATION IN ONE'S LIFE

2 Remove the paper title from your header.

## THE ROLE OF MOTIVATION IN ONE'S LIFE

**Research Question:** How does motivation play a part on success?

### Introduction

The lack of motivation in life makes it very hard for any person to accomplish their goals as well as achieving the much-deserved internal happiness. The main question people usually ask is how they can achieve their desired goals if at all, they lack motivation. It is also hard for a person to experience happiness as well as internal satisfaction if all they ever do is spend much of their time working on pleasing the people around them to receive praise from them. People ought to focus on personal goals that bring their happiness. The importance of motivation is based on the fact that human beings get exhausted after a while, and they end up losing the desire to continue doing the same tasks that they were doing since they are exposed to burnouts. This paper, therefore, highlights the critical role that motivation plays in helping someone succeed in whatever goals they have.

You've done a good job of introducing your subject matter in this draft. In your next, be sure to define the debatable topic within the subject of motivation to help focus your paper and set up your argumentative thesis statement at the end of the paragraph.

Conclude your introduction with an argumentative thesis statement. In it, state an arguable claim about motivation and introduce the points you will discuss in support of that claim.

### Role Of Motivation In One's Life

Motivation helps in increasing your energy levels. One's entire body is pumped up with adrenaline which increases the energy levels and will to complete the goal. A good example is when a person is working on an exciting project, they rarely give up or get tired. When one is partying, one can comfortably dance the whole night away without it being much of a problem, but if one is attending a gym workout session which is highly disliked by most people, one

Use the topic sentence of the first body paragraph to introduce the first supporting point of your arguable claim about motivation.

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would easily struggle even to last an hour exercising (Zambas, 2019). When one has autonomy over their daily tasks and targeted goals, they instantly have their energy increase as they become passionate and more focused. This proves that motivation can help one perform better in their daily tasks due to the rise in their energy levels.

Your meaning here is unclear. Does increased motivation heighten one's energy levels or do high energy levels increase one's motivation?

Motivation brings happiness in that it gives you the determination to get or achieve something like securing a new job or even losing weight. One finds out that after attaining their desires, they feel happy about themselves and the goals that they have achieved. In as much as the desire for success is what causes one to seek motivation, happiness is usually the underlying desire that leads to one being highly motivated(Zambas, 2019). Setting up small progressive goals and being satisfied with each gradual improvement is the main factor that will ensure the growth of both one's happiness and motivation.

The same issue occurs in this paragraph. Your topic sentence says that motivation brings happiness, but the evidence suggest that happiness leads to motivation.

The research was done by Dr Anders Ericsson and found out that motivation is considered to be the main contributor to the success and that success is only achieved through higher performance(Zambas, 2019). If an individual understands what motivates them better, he/she ends up performing much better as well as achieving his/her goals quickly and with a lot of ease. Another study revealed that rewarding people an immediate bonus for having done an excellent job on a specific task rather than waiting until they finish that particular task motivates them which in turn increases their interest and enjoyment in whatever task it is that they are doing. So, an individual should come up with a self-rewarding system for one's self as this will help them in staying motivated to work on their goals. The self-rewarding system doesn't have to be anything significant. It can be something as simple as rewarding yourself with a mug of coffee or even a bar of your favourite chocolate.

Focus each body paragraph on one of your own unique supporting points for the claim made in your thesis. Avoid devoting a paragraph to the discussion of findings from a single source. (P) Point out the supporting topic in your topic sentence. Provide (I) information by way of details, examples and evidence in your supporting sentences. And, (E) explain how the discussion supports your claim in the concluding sentences. Think of the acronym PIE to help remind you of these necessary elements.

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Motivation helps a person in remaining committed to their efforts in achieving their goals (Maxwell, 2006). This is because a motivated person will always want to do something that leads to their targeted goals as the motivation they have, increase their energy levels. Doing something perfectly feels easy if you are motivated to do it in the first place. A good example is Thomas Edison, who is credited with the invention of the light bulb. He had so many failed trials in coming up with a light bulb. He was quoted saying, "I have not failed; I've just found 10,000 ways that won't work" (Steinmayr & Spinath, 2009). One should always remind him/herself of the importance of staying motivated as this will guarantee their overall success in whatever activities they are undertaking. So, one can easily say that motivation helps in increasing one's commitment.

Topic sentences serve two purposes. They point out (the 'P' in PIE) the topic of the paragraph, and they transition from the topic previously discussed. Because they play such important roles in creating a sense of fluency in your paper, avoid placing quotes or paraphrases in their place.

Add a space before and after the ampersand and a page or paragraph number to correct the citation. Example: "Direct quote here" (Smith & Carr, 2020, p. 33). Click on the link below for additional guidance on citations:

Motivation is credited with helping one manage the daily challenges that one encounters on their daily efforts to achieve something. This is achieved through efficiency, which is brought about by motivation. A well-motivated person is usually well organized as they know how to allocate time in their schedule to the specific task that they are doing with each job having a set deadline of completion. This is so unlike the people who lack motivation as they cannot stick to a specific plan or way of doing things and in most cases, end up procrastinating. A good example is an act of sleeping early and waking up on time. If you love what you do and you have the motivation to do it, you'll find yourself waking up early and starting your day's activities on time. Still, if you lack that motivation, you're probably going to want to hit that snooze button several times and in the process waste a lot of time.

<https://writingcenter.ashford.edu/apa-citing-within-your-paper>

Maintain third person in this essay. Third person is used to project an objective and neutral voice. This voice is particularly useful for persuasive essays wherein the focus is on the logical presentation of information. Avoid using first person (I) and second person (you).

Motivation helps one grow as a person as it enhances self-development. This happens when one achieves the goals that they have set, as this makes one feel more inspired and motivated to push yourself further and aim for greater things to accomplish. Self-development

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helps one to understand one's goal more clearly. This helps one work on goals that benefit them as well as humanity at large. A good example is Steve Jobs. As mentioned by Newman (2002), Steve was amazed by the power of the computer from when he was a young man. The fact that he was self-motivated helped him to clearly define his goals which had everything to do with revolutionizing the world of computers. Thanks to him, the world enjoys the service rendered by portable computers which fit in our pockets perfectly.

A self-motivated person is a person who always has confidence in his ability to achieve his/her goals. Success is brought about by the motivation to do something (Nilsson & Stormberg, 2008). Confident people are not afraid of getting out of their comfort zone and try new things as well as take on new challenges. Taking a risk doesn't limit your chances of success. This does not mean that one should entirely abandon their daily routine. One can always try out something new while at the same time, still excelling in their daily routine. Giving a try to something new like a business might turn out to be a good thing at the end. So, it's always good to have confidence as that will make you a good risk-taker.

**Conclusion**

One can easily conclude that motivation is essential in aligning one's self on the path that leads toward their dreams. The fact that human is prone to getting tired or even bored in doing their daily task, it's always good that they seek self-motivation as this will guarantee their success in whatever they do. The need for perseverance as well as clarity of goals and focus comes when one seeks motivation which enables us to be successful people.

In the paragraph just before your concluding paragraph, present a counterargument to your claim. Provide its strongest points of support before refuting it. This will help show that you've looked at the subject from both sides, making your claim all the more credible.

Develop your concluding paragraph by calling back to the key supporting points previously discussed before restating your thesis and providing a final reflection on motivation. As always, avoid inserting new talking points and/or evidence in a final paragraph.

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Reference

The heading should be bold and plural.

Maxwell, J. C. (2006). *Motivated to Succeed*. Grupo Nelson.

Newman, R. S. (2002). What do I need to do to succeed... when I don't understand what I'm doing!?: Developmental influences on students' adaptive help-seeking. *Development of achievement motivation*, 285-306.

Journal names should be in title case.

Nilsson, K. E., & Stomberg, M. I. W. (2008). Nursing student's motivation toward their studies—a survey study. *BMC nursing*, 7(1), 6.

Steinmayr, R., & Spinath, B. (2009). The importance of motivation as a predictor of school achievement. *Learning and individual differences*, 19(1), 80-90.

Zambas, J., 2019. *Why Motivation Is Important For Your Success And Happiness*. [online] Careeraddict.com. Available at: <<https://www.careeraddict.com/why-motivation-is-important-for-success-and-happiness>> [Accessed 9 March 2020].

Introduce the URL with a retrieval date and the words "Retrieved from". Click on the link below for additional formatting guidance for this page:

<https://writingcenter.ashford.edu/format-your-reference-list>