**Project 1 Instructions**

This project requires that you complete the Myers-Briggs Personality Test online, and then apply your results. The links and details are in Steps 1 and 2 (see below). Read all of the instructions for this assignment before beginning any of your work.

**Step 1**

1. Open the following website to complete the assessment: [Jung Typology Test](http://www.humanmetrics.com/cgi-win/JTypes2.asp).
2. Once complete, click on “Score it” to retrieve your four-letter type.
3. Next, you will need to investigate your Temperament through researching the topic, however the various sites below are suggestions for descriptions of your Type and data on relationships, careers, etc.
	1. [Personality Page-Four Temperaments](http://www.personalitypage.com/html/four-temps.html): This site allows you to explore the Temperaments by traits
	2. [Keirsey Overview](https://keirsey.com/temperament-overview/): This site gives an overview of the Temperaments and Keirsey but doesn't lend itself to a great deal of information. You might find it has some other items of interest for your traits though.
	3. [Personality Club](https://www.personalityclub.com/blog/keirsey-temperaments/): This site has a nice visual graphic on the Temperaments for each trait.
4. Using Temperaments links, explore Keirsey’s Temperaments and go back to the Jung Typology test site to explore the Sixteen Personality Types using the tabs at the top to locate the description of your type. You may also research beyond these suggested links as long as you cite them properly.
5. Once there, click on links for The Four Preferences, Keirsey’s Temperaments, and Overview of the Sixteen Personality Types to locate the description of your type. If you cannot locate them within the Jung site, explore them through the other links.
6. The personality test will reveal your 4-letter type and your 2-letter temperament. In this step, you will discuss the validity of each letter of your type and temperament. Provide your statistical/percentage results for comparison of letters within your discussion. Any adverse personal opinions on the assessment tools must be respectful and scholarly with supportive research.
7. Include a separate section for each letter of your personality type, as well as a section for discussing how the different aspects of your personality (represented by the letters) work together. For example, if you scored with the letter “I,” then that letter with your type will be a heading: I-Introverted.
* You must have separate sub-headings for each section.
* Give specific examples from your life—especially your work life—and discuss the weaknesses of your personality type as well.

**Step 2**

1. Apply the *Type Talk at Work* textbook, which focuses on how various personality types relate at work. The book must be evident within the discussion, not simply cited, with specific, applied topics.
2. Using the *Type Talk at Work* textbook as your guide, discuss the things you have learned about yourself that will help you understand your organization and your role within it. In a new section in your paper (labeled Step 2), answer the following questions with specific correlation to the book:
* In general, what have you learned from these personality tests about organizational behavior that will help you be a better employee, coworker, and/or manager?
* In particular, what have you learned about yourself from this personality test that will help you be a better employee, coworker, and/or manager? Provide specific examples.

**Formatting**

1. Use current APA format for every element of the paper. Be sure to include the current APA-formatted cover page, abstract, and reference page. Refer to your APA manual for help or this site for assistance: <https://owl.english.purdue.edu/owl/resource/560/18/>
2. Write in first person—this is allowed due to the personal nature of the assignment.
3. To facilitate the Instructor’s grading of these assignments, you must have major headings for Steps 1 and 2. Additionally, under the major heading of Step 1, you must have subheadings for each separate letter of your Meyers-Briggs type. There must also be a subheading describing your entire Meyers-Briggs personality to round out the discussion with your Temperament. You will need a total of 5 subheadings for Step 1.
4. The exact number of paragraphs that you include in each section is your decision; your Instructor will not be grading you on how many paragraphs you used per section, but rather the extent to which you specifically addressed each of the areas above.
5. The minimum of 6 required pages of content does not include the title page, abstract page, or reference page. Those must be counted as additional pages. You will likely find that it will be difficult to address all of these things in only 6 pages, but that constraint is part of the exercise itself. Learning to write succinctly and efficiently will improve your communication skills, regardless of the setting. Because you only have 6 pages to discuss all these components, be concise.
6. Be sure to double-space, using Times New Roman 12-point font only; use 1-inch margins, and avoid bold font (except for headlines, per current APA format), underlining, and contractions.
7. The reference page must include a minimum of the 5 following references in current APA format (all sources must be evident within the paper and less than 5 years old):
* An outside scholarly source you have researched,
* *Type Talk at Work* textbook,
* *Organizational Behavior* textbook,
* [Jung Typology Test](http://www.humanmetrics.com/cgi-win/JTypes2.asp), and
* [www.personalitypage.com](http://www.personalitypage.com).

**Note:** For further questions regarding current APA format, visit Liberty University’s [Online Writing Center.](http://www.liberty.edu/academics/graduate/writing/index.cfm?PID=17176)

Students may, although not required, submit Project 1 to the appropriately labeled SafeAssign draft link first to review your percentage of originality.

Submit Project 1 to the appropriate link for grading by 11:59 p.m. (ET) on Sunday of Module/Week 2.