**Answer this question in at least 250 words**

Can you think of modern examples of Durkheim's image of mechanical societies?

**Read this answer from classmate’s post then response it at least 100 words (opinion)**

1. What type adaption to strain do you think fits you the best? The least?

The type of adaptation to strain that fits me best is Ritualism. I believe I fit well into this category because I don’t care about being rich or success in terms of material possessions. I desire to enter a career because of the intrinsic value of doing the job rather than the amount of pay I will receive. I believe that I am also innovative, rebellious, and even a retreatist at times based on my behaviors and choices. This leaves the type of adaptation to strain that I believe fits me least which is conformity. I think I will go through all of the various strain adaptations and still avoid conforming because I don’t want to do what everyone else does. I can work hard and choose a career making a lot of money but I don’t see what that would do for me. I can’t take it with me when I die nor decide what happens with it after I’m gone. Money isn’t going to save me and people are fickle so how I am perceived is irrelevant to me. Ultimately, I know that I will feel the best by doing something I enjoy to the best of my abilities during the time that I am alive and able to do so on earth. I use to do things to escape regularly like a retreatist and still do from time to time but have chosen healthier get away options than I did in the past. I find innovative ways to do things as well but my ritualistic behavior is greater than that of my innovation. In addition, I am especially rebellious, yet my desire to find meaning in the job that I do and the pride that I take in doing it still overpowers my rebellion.